

FOOD MENU

TUESDAY



BREAKFAST

Pongal

Sambar (or) Sabji (or) Gothsu

Coconut Chutney (or) Fried Gram Dhal Chutney

Vadai [methu (or) masal (or) thattu (or) dhal]

DINNER

VEG

Sambar (or)
Kudanthai Kadappa
(or)Veg Kuruma
(or)Veg Serva
Capsicum Chutney
(or) Vada Curry

NON-VEG

Egg Kurma

COMMON

Idly

Chutney [Fried Gram (or)
Peanut (or) Green Chilli]

Curd Rice

Mint Thuvaiyal

LUNCH

VEG

Sambar

Kara Kulambu (or)
Brinjal Puli Kulambu (or)
Mushroom Kulambu

Potato Chips

Cabbage poriyal (or) Beetroot
(or) Carrot Beans Poriyal

Vadai [Sambar(or)Rasam(or)
Curd (or) Morkulambu(or)
Curd Boonthi]

Banana

SNACKS 4:00 PM

Tea (or) Coffee (or) Bournvita (or) Horlicks

Keerai Vadai (or) Bonda (Pepper
(or) Cabbage]

Chutney

NON - VEG

Dry Fish Kulambu

Egg [Podimas (or) Omelette
(or) Kulambu (or) Masala
(or) Pepper Fry

COMMON

Rice
Keerai Kottu
Green Chilli Pachadi
Lemon Rasam
Butter Milk
Papad
Ice Cream

